

VAC CLIMBING TEAM WINTER 2015-2016

The goal of our program is to introduce and refine proper climbing technique to kids, maintain a strong emphasis on all aspects of climbing safety, and promote a positive team environment. These mainstays of the VAC Climbing Team enable students to build confidence, improve self-esteem, and become stronger climbers in a fun, supportive atmosphere.

Multiple teams guarantee a fit for your child

- The **Development Team** is designed for the beginning and younger children (ages 5-7) just learning about the sport. All of the basics from important safety concerns to climbing technique will be covered thoroughly.
- The **Junior A-Team** is for more experienced climbers ages 7 & older, often graduating from the Development Team, to learn about some of the more advanced elements of climbing including belaying and lead climbing.
- The **A-Team** is for the most advanced climbers, most of which are competitive climbers and all of which are able to belay and lead climb safely. Climbing journals will be integrated into the learning and evaluation process to help the climbers track their progress and set goals.

Schedule

- The winter 2015-2016 VAC Climbing Team season will run from Tuesday, October 6 through Thursday, April 7.
- All climbers will practice indoors at the VAC throughout the winter season on this schedule:
 1. **Development Team** on Wednesdays 4—6 pm
 2. **Junior A-Team** on Wednesdays 6—8 pm
 3. **A-Team Teens** on Tuesdays and Thursdays 4 – 6 pm
 4. **A-Team 12 years and younger** on Tuesdays and Thursdays 6 – 8 pm

Investment

- The winter 2015-2016 VAC Climbing team's cost is as follows:
 1. Development Team (Devo) \$650
 2. Jr. A Team \$650
 3. A Team \$900
- Includes:
 1. Includes 27 weeks of indoor climbing instruction
 2. VAC Climbing Team shirt
 3. **Unlimited** use for the climber to the VAC climbing wall only, valid during the 2015-2016 Winter Climbing Team season
 4. Lessons for parents to learn to belay – this allows you to support as well as participate in your child's climbing experience.
 5. The opportunity for parents to join the VAC with no initiation fee.

Contact

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