

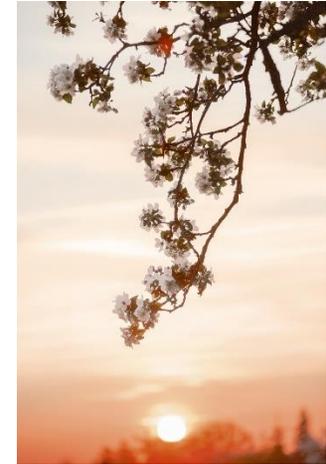


HOLISTIC SKIN CARE RITUALS: Morning to Night

Your skin has different needs during the day than when you are asleep.

During the day it must combat the high levels of stress and free radicals it is exposed to from UV exposure, pollutants, bacteria and environmental fluctuations. The night time becomes the most active time for our skin, a time for regeneration and cell renewal, and requires unique support.

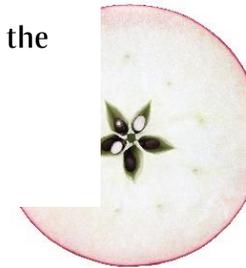
Join Mandi Vance for an interactive seminar and learn about simple routine tips, techniques and natural ingredients to support the activities of the skin from day to night. The result? Needing fewer products in your life to maintain radiant, healthy and balanced skin.



Join us at the Vitality Center in the Vail Mountain Lodge, from 5.30-7pm on Wednesday the 9th of September.

Please RSVP by email or phone to receive a special gift on the night. Light refreshments will be served.

**Vail Mountain Lodge is located at 352 E. Meadow Dr, Vail.
You can contact us on (970) 476-7221.**



Mandi Vance joined the Spa industry in Australia over 10 years ago as a CIDESO trained esthetician, massage therapist, aromatherapist and nail technician....instantly realizing that the beauty industry felt like home. Mandi has worked in and directed spas and salons throughout Australia and New York, and trained over forty of the most prestigious five-star properties in Dubai, Hong Kong, Macau, Australia and the continental USA. Mandi is an 'expert' guest contributor for magazines & websites—catch her most recent work at Dermstore.com and the Yoga Journal magazine.